To respond to and prevent sexual violence, we need to work at every level to create change. HEART has developed a three-pronged framework that works to address sexual violence at three levels: individual (Respond with RAHMA), communal (Fulfill your AMANAH), and institutional (Lead with ADALAH). Using these frameworks together can ultimately create communities that reduce barriers to reporting, respond to victims in a compassionate and non-judgmental way, and create mechanisms for accountaility and prevention. Moreover, these frameworks are not meant to be used in one moment in time, but rather as a continuous, ongoing exercise.

RAHMA AMANAH ADALAH

RESPOND WITH RAHMA

Level of Intervention: Individual, in partnership with survivors

Who: Everyone

Purpose: Crisis intervention, one-on-one support

Ultimate goal: Connect person

FULFILL YOUR AMANAH

Level of Intervention: Community

Who: Community members, organizational & religious leaders, social services professionals in partnership with survivors & professionals

Purpose: Community prevention & education

Ultimate goal: Determine avenues of accountability

LEAD WITH ADALAH

Level of Intervention: Institutional

Who: Leadership in partnership with trained professionals & survivors

Purpose: Accountability

Ultimate goal: Build victim-centric spaces



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