



## Important Resources

If you are a survivor or a community looking to support survivors of sexual violence, here are some resources for you. Coming forward about an act of sexual violence requires a lot of courage and support. **You are not alone. There are trained professionals to support you. Always. Below are some resources you may find helpful.**

### Hotlines

[National Sexual Assault Line](#) 1-800-656-HOPE

[Rape Crisis Hotline](#) 1-888-293-2080

### National Organizations

National Sexual Violence Resource Center, [nsvrc.org](http://nsvrc.org)

Rape, Abuse & Incest National Network, [rainn.org](http://rainn.org)

YWCA, [ywca.org](http://ywca.org)

### Community-based Organizations (Chicago)

Rape Victim Advocates, [rapevictimadvocates.org](http://rapevictimadvocates.org)

Illinois Coalition against Sexual Assault, [icasa.org](http://icasa.org)

HEART Women & Girls, [heartwomenandgirls.org](http://heartwomenandgirls.org)

Arab American Family Services, [aafsil.org](http://aafsil.org)

Hamdard Center for Health and Human Services, [hamdardcenter.org](http://hamdardcenter.org)

Pillars Community Services, [pillarscommunity.org](http://pillarscommunity.org)

Life Span, [life-span.org](http://life-span.org)

Chicago Alliance against Sexual Exploitation, [caase.org](http://caase.org)

Chicago Taskforce on Violence against Girls & Women, [chitaskforce.org](http://chitaskforce.org)

The Voices & Faces Project, [voicesandfaces.org](http://voicesandfaces.org)

Survivors Network of those Abused by Priests, [snapnetwork.org](http://snapnetwork.org)

Mujeres Latinas en Accion, [www.mujereslatinasenaccion.org](http://www.mujereslatinasenaccion.org)

Heartland Alliance, [heartlandalliance.org](http://heartlandalliance.org)

Jewish & Family Services, [jafs.org](http://jafs.org)

This list is not comprehensive and is a working document. For more information on the issue or resources in the community, please visit [www.heartwomenandgirls.org](http://www.heartwomenandgirls.org) or email [heartwg@gmail.com](mailto:heartwg@gmail.com).