

HOW DO YOU USE THIS BOOK?

What this book is	What this book is not
Information presented in a nonjudgmental way encouraging critical thinking	A sex manual or a how-to
A resource of foundational knowledge	An encyclopedia with comprehensive information
An opportunity for reflection	A religious treatise
Committed to gender-neutral and inclusive language	A book presuming heteronormative relationships
A resource that is medically accurate	A substitute for a healthcare professional
Appropriate for a slightly more mature audience	A replacement for first-time sex education